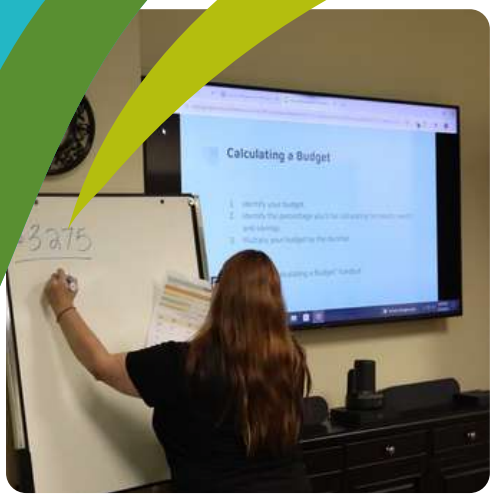

Project HEART
LEARNING RESOURCE
HEART: Health Enrichment & Resource Training

Spring Classes

CLASSES START JANUARY 7, 2027

- **Tech Talk: IPad/Internet Safety**
  January 7, 14 & 21
  5:30 - 8:00 pm
- **Activity for Your Mental Health & Body**
  February 4, 11, & 18
  5:30 - 8:00 pm
- **Job Skills**
  March 4 & 11
  5:30 - 8:00 pm
- **Driver's Permit**
  April 8, 15, 22, 29 | May 6 & 13
  5:30 - 8:00 pm
- **Healthy Sexuality for Males**
  June 7 & 14
  5:30 - 8:00 pm
- **Healthy Sexuality for Females**
  June 10 & 17
  5:30 - 8:00 pm

Contact Us: (636) 757-0517
800 Friedens Rd. St. Charles, MO 63303

DDRB Developmental Disabilities Resource Board of St. Charles County

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willows way™