



# Project HEART

## LEARNING RESOURCE

HEART: Health Enrichment & Resource Training

### Fall Classes

CLASSES START JULY 9, 2026



#### Money Management

July 9, 16, 23  
5:30 - 8:00 pm



#### Living Well in the Community

July 14, 21, 28 | Aug. 4, 11, 18, 25 | Sept. 1  
5:30 - 8:00 pm



#### Life 101

July 30 | August 6 & 13  
5:30 - 8:00 pm



#### Physical Fitness & Healthy Lifestyles

August 20 & 27  
5:30 - 8:00 pm



#### Driver's Permit Prep

Sept. 3, 10, 17, & 24 | Oct. 1 & 8  
5:30 - 8:00 pm



#### Internet Safety

October 22 & 29  
5:30 - 8:00 pm



#### Social Skills

November 5, 12, & 19  
5:30 - 8:00 pm



#### Party Planning

December 3 & 10  
5:30 - 8:00 pm



**Contact Us: (636) 757-0517**

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