



Project HEART LEARNING RESOURCE

HEART: Health Enrichment
& Resource Training

Fall Classes

CLASSES START JULY 9, 2026



Money Management

July 9, 16, 23
5:30 - 8:00 pm



Living Well in the Community

July 14, 21, 28 | Aug. 4, 11, 18, 25 | Sept. 1
5:30 - 8:00 pm



Life 101

July 30 | August 6, 13
5:30 - 8:00 pm



Physical Fitness & Healthy Lifestyles

August 20, 27
5:30 - 8:00 pm



Driver's Permit Prep

Sept. 3, 10, 17, & 24 | Oct. 1, 8
5:30 - 8:00 pm



Social Skills

November 5, 12, & 19
5:30 - 8:00 pm



Party Planning

December 3, 10
5:30 - 8:00 pm

Contact Us: (636) 757-0517

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