



PROJECT HEART FALL SERIES

CLASSES START JULY 11, 2024



IMPROVING YOUR MENTAL HEALTH

Learn various ways of coping with and managing your mental health.

July 11, 18, 25

5:30 - 8:00 p.m.



MONEY MANAGEMENT BASICS

Learn basic money management and budgeting.

August 1, 8, 15

5:30 - 8:00 p.m.



DRIVERS EDUCATION

Prepare to get your driver's permit.

September 5, 12, 19, 26 | October 3, 10, 17, 24

5:30 - 8:00 p.m.



TECH TALK: SAMSUNG TABLETS/INTERNET SAFETY

Tips and tools for using this technology safely.

November 7, 14, 21

5:30 - 8:00 p.m.



HOLIDAY ENTERTAINING

Learn how to prep and host holiday parties.

December 5, 12

5:30 - 8:00 p.m.

CONTACT PROJECT HEART COORDINATOR

Kristen Jobgen

kristenj@willowsway.org

DIRECTOR OF COMMUNITY SERVICES

Nikki Hampshire

nikkih@willowsway.org

636-757-0517


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way**TM
life, beyond limits